



CERTIFICATE OF PARTICIPATION

This is to certify that

Gerhard Marais

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:54:18

PACE 05:33/km
OVERALL 87 of 834

GENDER 70 of 563
**SENIOR (20- 47 of 291
39)**

08 July 2023, Sat

Date



BoutTime

Signature

